

RIDER INFO

Please fill everything out & write legibly.

RIDER NAME _____
 TEAM or _____
 SPONSOR NAME _____

RACE DAY AGE _____ DOB _____ GENDER M / F

STREET _____

CITY _____

STATE _____ ZIP _____

EMAIL _____

PHONE _____

EMERGENCY CONTACT _____

EMERGENCY PHONE# _____

please circle all that apply:

RUN & RIDE AGE GROUPS:

(5&under, 6-7, 8-9, 10-12), 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+
12 and under MUST be with an adult at all times and be in the summit or recreational fields.

BIKE:

Road Tandem Single/Fixed Mtn.Bike Recumbant Unicycle
 (Tandem riders: both riders MUST register, one pays 1.5x reg fee)

WEIGHT:

Men: Clydesdale 200 lbs+ / Women: Athena 160 lbs+

RESIDENT:

Whatcom County / Washington / Canada / Other

Prices good through 5/31 8/15 9/8

ALL ACCESS PASS (all events, food, camping)	\$ 99	120	130
9/11 8am CROSS 542: Silver Lake Cyclocross	\$15	20	20
9/12 1pm RUN 542: Summit Run (2+hrs)	\$35	45	55
9/12 2pm RUN 542: Competitive Run	\$45	55	65
9/13 6:30am DUMB 542: 100 miles, 2 loops	\$75	85	95
9/13 7:30am Summit Ride (3+hrs)	\$35	45	55
9/13 8:00am Recreational Ride (2+hrs)	\$45	55	65
9/13 8:30am Recreational Fast Ride (1:45+)	\$45	55	65
9/13 9:00am Competitive Tandem	\$75	85	95
9/13 9:30am Competitive Men & Women	\$60	70	75

Custom wool 542 socks ___ Fits Most or ___ XL Included

A pair or two of extra 542 socks ___ x \$10

RIDE 542 Custom Wool Cycling Cap ___ x \$40

RIDE 542 Custom T-shirt ___ x \$20

RIDE 542 Jersey: ___ S ___ M ___ L ___ XL ___ XXL \$90

9/11 EAT 542 Community Banquet ___ x \$5.42

9/12 Post Ride All-You-Can-Eat Banquet ___ x \$15

9/11 Camping per person ___ x \$10

Donation to Cancer Care through Whatcom Community Foundation

AGES 12 and under or 70+ = 1/2 price reg. fee (-\$)

Environmental offset via regional and local agencies Green Fee \$ 3

(WA State Sales tax included) TOTAL: _____

Make checks payable and mail (postmarked by 9/7) to:

NorKa Recreation

P.O. Box 4418, Bellingham, WA 98227

Check www.FESTIVAL542.com for additional registration details

Saturday, September 11th

CROSS 542 - Cyclocross at Silver Lake @ 9am
 CROSS 542 is produced with a partnership with Cyclocrazed and proceeds support local cross training. This early season test is fun, designed for all abilities and we encourage first time cross racers to give it a try. This for all ages, all abilities, and all fun. A, B and C category starts. Check the website for updates and details.

RUN 542 - 8.5 mile Trail Run/Walk
1pm - 8.5 Mile Summit Run/Walk (1.5 - 4 hrs) (250 limit)
2pm - 8.5 Mile Competitive Run (1 - 2.5 hrs) (250 limit)
 RUN 542 is an amazing course!! The 8.5 mile course traverses the Mt. Baker Ski Area and National Forest from White Salmon Day Lodge to Artist Point. 3500ft + elevation gain...on some amazing trails!! The course has 6 separate climbs, two aid stations and will arguably be one of the most beautiful and challenging courses you'll ever run or walk. Competitive field offers a cash purse, value TBD, and will post a \$250 Green Reward for winning and breaking the threshold time of 70 minutes for men, 80 minutes for women. Entry includes: EAT542 Community banquet in Glacier that evening, participant medal, food & water, socks & and wildly fun course.
CHECK WEBSITE FOR RUN 542 SHUTTLE AND ADDITIONAL INFORMATION.

Sunday, September 12th

NO Day-of Registration on Sunday

DUMB 542 @ 6:30 am sharp (100 rider limit)
2 full laps, 100 miles, 9000+ ft of climbing
 Known as the U-DUMB Ride (or Up, Down and Up Mt. Baker). This ride is not for the untrained, it is very strenuous. Riders will complete two full laps of the course from Glacier to Artist Point and back. Check website for details. Entry includes: EAT 542 meal, post-ride meal, dedicated aid stations along route and a U-DUMB reward for completion. This is NOT a race but a challenge! 9 hour time limit. Check website for updates.

RIDE 542 SUMMIT RIDE @ 7:30am (300 rider limit)
 3-4.5 hr time estimate. This mellow group is great for first timers, youth, parents with bike trailers and all those not interested in racing...but you are still encouraged to ride your best. No arrow bars allowed. Random merchandise rewards & all participants get medals.

RIDE 542 RECREATIONAL @ 8am (300max)
 2-3.5 hour time estimate. A little bit more challenging in this group. NO arrow bars allowed. Random merchandise rewards & all participants get medals.

RIDE 542 RECREATIONAL FAST @ 8:30am (300max)
 1:45 - 3 hr time estimate. As close to racing as you can get...without actually racing. If you're gonna break 1:45, upgrade to competitive - NO sandbaggers. NO arrow bars allowed. This is fast...fun is the focus. Random merchandise rewards & all participants get medals.

COMPETITIVE TANDEM RACE @ 9:00am (100max)
\$1500 Reward Purse + Merchandise
 \$1000 Green Reward to first tandem to break 1:25:00. 3 hr time limit. Both riders must register, one pays 1.5x fee.
 TANDEM: M/M M/F F/F (total age _____)
 Combined Age Categories: <40, 40-59, 60-79, 80-99, 100+

COMPETITIVE MEN'S & WOMEN'S RACE @ 9:30am (300 max)
\$12,000 Cash Reward Purse + Merch (see web for updates)
 \$4000 each to top man and woman who set new threshold times \$250 KOM/QOM on Powerhouse Hill. 2.5 hour time limit. Payout 5 deep in each age category plus top 10 overall, M & W

2010 FESTIVAL 542 -

ACCIDENT WAIVER AND RELEASE OF LIABILITY

I acknowledge that this is a strenuous test of my athletic ability. FESTIVAL 542 is a rigorous test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, darkness, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, lack of hydration, and actions of other people including but not limited to participants, volunteers, spectators, coaches, event officials, and event monitors and/ or producers of the event. These risks are not only inherent to athletics, but are also present for volunteers. I hereby agree to assume all of the risks of participating and/ or volunteering in the FESTIVAL 542.

I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released from dangerous or defective property owned, maintained, or controlled by them or because of their liability without fault. I certify that I am physically fit, have trained sufficiently for participating in this event and have not been advised otherwise by a qualified medical person. I acknowledge that this Accident Waiver and Release of Liability form will be used by the event holders, sponsors and organizers, and that it will govern my actions and responsibilities at said event. In consideration of my application and permitting me to participate in the FESTIVAL 542.

I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me including attorney's fees, expert fees, litigation costs, and my traveling to and from the FESTIVAL 542. THE FOLLOWING ENTITIES OR PERSONS: NorKa Recreation, Mt. Baker Ski Area, Washington Department of Transportation, Whatcom County, U.S. Forest Service, all sponsors and any involved municipalities, their directors, officers, employees, volunteers, representatives and agents, the event holders, event directors, event sponsors, vendors, event volunteers, property owners; (B) Indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in the FESTIVAL 542, whether caused by the negligence of releases or otherwise. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/ or illness during this event. I understand that in this event or related activities, I may be photographed and/ or videotaped. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, organizers and/ or assigns. This Accident Waiver and Release of Liability shall be construed broadly to provide a release and waiver to the maximum permissible under applicable law. In the event any aspect of this release is deemed to be unenforceable, I hereby agree that the release shall be construed as broadly as possible without impacting the remaining aspects of this release. I further agree to abide by all the rules and regulations as set forth by the directors of this event. I hereby certify that I have read this document and understand its content.

PARTICIPANT'S SIGNATURE: _____

DATE: _____

If 17 or under, Signature of Parent or Guardian is required below:
 The undersigned parent and natural guardian or legal guardian does hereby represent that he/she is, in fact acting in such capacity and agrees to save, hold harmless and indemnify each and all of the parties referred to above from all liability, loss, claim or damage whatsoever which may be imposed upon said parties because of any defect in or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

PARENT'S SIGNATURE: _____

DATE: _____